

SESSION PLAN ONE

► GETTING INTO THE WORLD OF WORK

This session explores young people's workplace experiences and expectations, injuries sustained by students performing casual and part time work and the results of those injuries. A range of optional extension activities are included on finding and preparing for a casual or part time job.

This session's themes are:

- The types of casual and part-time jobs done by young people
- Introduction to workplace occupational health and safety (OHS)

Time required:

- 1 lesson (approximately 50 minutes)

This session will help young people to:

- Identify the different types of jobs and chores young workers are involved in
- Develop an awareness of workplace OHS

To run this session you will need to:

- Print ***Student Activity Sheet 1: Key OHS Terms*** (attached below)
- Read and make a copy of the ***Teacher OHS Terms*** (attached below)



▶ LESSON ACTIVITIES:

PART ONE: CLASS SURVEY

▶ IN WORKING ORDER



1. Conduct a class survey of students' current or previous casual and part time jobs and record responses on the board. Include any chores done at home or elsewhere in exchange for money or other reward. If the class contains limited numbers of students who are employed, conduct a survey of casual and part time jobs that they would like, or plan, to do.
2. Discuss the tasks involved in the students' casual and part time jobs.
3. Ask students if they or another young worker they know has ever been injured at work and record any injuries reported on the board.
4. Ask whether students reported the workplace injury and what treatment, if any, they required, including time off school, work or sport and record this on the board.
5. Calculate and graph the percentage of students who:
 - have or had a casual or part time job
 - have been injured while working
 - required time off school, work or other commitments
 - reported their injury

PART TWO: KEY OHS TERMS

1. Distribute **Activity Sheet 1: Key OHS Terms**. Ask students to complete the word puzzle.
2. Ask students to work in pairs to add definitions for each key term.
3. Check student responses using the **Teacher OHS Terms sheet**.

PART THREE: EXTENSION ACTIVITIES

1. Go to www.jobjuice.gov.au/get-that-job/job-search-tips/applying-for-jobs.htm for information on how to find a job
2. Go to www.youngpeopleatwork.nsw.gov.au/index.html for more information on smart things to do before seeking or starting a new job

ACTIVITY SHEET ONE:

► KEY OHS TERMS

H A Z A R D A M C T I N C V I
R I G H T S T A Y S O O H E E
T O N E E K E N Y I N O H T K
S T E R M M S U T S K Z R E S
M Q D E E U P A U H H A P M I
M X D Z E S T L J R I C L I R
X D O L G N T H O N G E O B A
K R Y J E A J A I Y W N R E V
B Z R I T Z T N K G E B T M J
H L R I A G G D W O L R N P W
N O O C L E P L X Y X C O L X
A N C T N P E I K C M Z C O Q
U Q E L I J Y N K T H U C Y H
F T M T F S W G A H S H O E D
Z S U P E R V I S I O N U E X

SEARCH FOR THESE WORDS IN THE PUZZLE:

*CONSULTATION
CONTROL
EMPLOYEE
EMPLOYER*

*HAZARD
MANUAL HANDLING
OHS
ORIENTATION*

*RIGHTS
RISK
SUPERVISION
TRAINING*

▶ SESSION PLAN ONE: TEACHER OHS TERMS

Occupational Health and Safety (OHS):	Protecting the safety, health and welfare of people while at work and other members of the public affected by the workplace environment
Hazard:	Something that could cause injury, disease or death if not controlled
Risk:	The probability that a hazard will cause harm and how serious the harm is likely to be
Employee:	A person who does work for an employer
Employer:	An organisation or person who hires people to work for them
Control:	Removing the hazard or reducing the risk of it causing harm
Workplace orientation:	Information session or sessions for new workers to make sure they can do the job correctly and safely
Workplace training:	Instructions on how to complete a task or activity correctly and safely
Workplace supervision:	Watching and checking how workers complete tasks to make sure they can do the job correctly and safely
Personal protective equipment:	Clothing and other equipment to protect workers from workplace hazards

